

QUESTIONS FOR ADDITIONAL STUDY

1. Tell your story. Describe a time in your life when you were able to overcome a struggle. What did you find to be most helpful in overcoming your struggle?

2. Why do you think our fleshly body has so much influence over the decisions we make?

3. Read the following passages and note the Bible says about the spiritual struggles we experience:
 - a) Psalm 46:1
 - b) I Corinthians 10:13
 - c) Ephesians 6:12
 - d) Hebrews 4:15
 - e) Hebrews 12:1
 - f) Hebrews 12:4-6
 - g) James 4:7-8

4. How do our struggles with the flesh serve a purpose in relationship to the Lord?

5. What practical application are you going to make from this week's message? (*Share your decision with another person.*)
 - ☐ I am going to pray daily for a friend who is struggling.
 - ☐ I am going to ask someone to hold me accountable for an area in my life that needs to change.
 - ☐ I am going to memorize Psalm 46:1.

Cornerstone Church
Romans 7:14-25

November 2, 2025
Study Series #017

Understanding God's Sanctification ***Part 5: Sanctification and the Law:*** ***Resolving the Struggle Within***

I. Introduction

A. The Strange Case of Dr. Jekyll and Mr. Hyde

B. The Struggle Within

(See Job 14:14; Romans 8:7; Hebrews 12:1;
I Corinthians 10:13)

C. Paul's Struggle

(See Romans 7:7-8; Romans 7:11; Romans 7:15-23)

II. The Reasons for the Struggle Within

A. What We Know

(See Romans 7:14; Romans 7:12; Romans 7:16; Psalm 19:7;
Psalm 119:142; Matthew 5:21-22; Matthew 5:27-28)

B. Who We Are

(See Romans 7:14; Romans 7:5; Romans 8:8;
I Corinthians 3:1; Romans 7:18; Romans 7:23)

C. What We Do

(See Romans 7:15-23; Romans 7:18; Romans 7:21)

D. What is Possible

(See Romans 7:24-25; I Corinthians 15:9; Ephesians 3:8;
I Timothy 1:15)

III. Conclusion

A. The Rest of the Story

B. Lessons from our Struggles

(See Philippians 4:13; John 15:5; I Corinthians 10:13;
Hebrews 2:18; Proverbs 24:16)

IV. Communion

Communion at Cornerstone Church is open for all who profess Jesus Christ as their Lord and Savior. You do not have to be a member of Cornerstone or a member of a Southern Baptist Church to observe Communion with us. If you are a believer in Jesus Christ, you are welcome to take Communion. If you are not a believer in Jesus Christ, Scripture commands that you refrain taking Communion. (I Corinthians 11:26-31)

If you would like to know more about what it means to be a Christian, or if you would like to talk with someone or have someone pray for you, please see the pastor after the service and he or one of our church leaders will be glad to speak with you.

Passage of Study Romans 7:14-25

¹⁴ For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin. ¹⁵ For what I am doing, I do not understand; for I am not practicing what I *would* like to *do*, but I am doing the very thing I hate. ¹⁶ But if I do the very thing I do not want *to do*, I agree with the Law, *confessing* that the Law is good. ¹⁷ So now, no longer am I the one doing it, but sin which dwells in me. ¹⁸ For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good *is not*. ¹⁹ For the good that I want, I do not do, but I practice the very evil that I do not want. ²⁰ But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me.

²¹ I find then the principle that evil is present in me, the one who wants to do good. ²² For I joyfully concur with the law of God in the inner man, ²³ but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members. ²⁴ Wretched man that I am! Who will set me free from the body of this death? ²⁵ Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.

“No man knows how bad he is till he has tried very hard to be good. A silly idea is current that good people do not know what temptation means. This is an obvious lie. Only those who try to resist temptation know how strong it is. After all, you find out the strength of the wind by trying to walk against it, not by lying down. A man who gives in to temptation after five minutes simply does not know what it would have been like an hour later. That is why bad people, in one sense, know very little about badness — they have lived a sheltered life by always giving in. We never find out the strength of the evil impulse inside us until we try to fight it: and Christ, because He was the only man who never yielded to temptation, is also the only man who knows to the full what temptation means — the only complete realist.” C.S. Lewis

All quotations taken from the New American Standard unless otherwise noted. NASB. Nashville, TN: Thomas Nelson Publishers 1995. A free PDF of this note sheet is available: www.cssbchurch.org/sermons-2. © 2025.