

QUESTIONS FOR ADDITIONAL STUDY

1. Tell your story. Describe a time in your life when you were overwhelmed by worry. Were your worries justified? Did your worry accomplish anything?

2. What types of things cause people to worry today?

3. Read the following passages and note the Bible says about our worry:
 - a) Psalm 55:22
 - b) Proverbs 12:25
 - c) Isaiah 41:10
 - d) Matthew 11:28-30
 - e) John 14:27
 - f) Philippians 4:6-7
 - g) I Peter 5:7

4. How do believers differ from the rest of God's creation?

5. What practical application are you going to make from this week's message? (*Share your decision with another person.*)
 - I am going to make a list of every concern (worry) I have and make it my prayer list for the next month.
 - I am going to take my "worry list" and write down something I can do to resolve each of those worries. If I can't do anything about it, I am going to commit that concern to God and release it to Him.
 - I am going to memorize Matthew 6:33.

Cornerstone Church
Luke 12:22-34

March 3, 2024
Study Series #057

Living Without Anxiety

I. Introduction

A. The Nervous Passenger

B. A Message for Believers

(See Luke 12:1; Luke 12:22; Luke 12:13-21; Matthew 19:27;
Mark 12:41-44; Luke 21:1-4)

II. Living Without Anxiety

A. Recognize What Worry Does to You

(See Luke 12:22-23; Matthew 6:25; Matthew 6:11; Luke 11:3)

"Worry does not empty tomorrow or its sorrow, it empties
today of its strength."
Corrie Ten Boom

B. Recognize Who You Are

(See Luke 12:24; Matthew 6:26; Luke 12:27-28;
Matthew 6:28-30; Proverbs 23:5; Genesis 1:27; John 1:12;
Romans 8:16; Psalm 139:14)

C. Recognize What Worry *Won't* Do for You

(See Luke 12:25-26; Matthew 6:27; I Corinthians 11:29-30)

D. Recognize Who You Are *Not*

(See Luke 12:29-30; Matthew 6:31-32; John 15:18-19)

E. Seek the Kingdom of God

(See Luke 12:31-34; Matthew 6:33; Isaiah 40:11;
Matthew 19:21; Matthew 6:20; John 10:11; Psalm 78:52;
Psalm 107:41)

III. Conclusion

IV. Communion

Communion at Cornerstone Church is open for all who profess Jesus Christ as their Lord and Savior. You do not have to be a member of Cornerstone or a member of a Southern Baptist Church to observe Communion with us. If you are a believer in Jesus Christ, you are welcome to take Communion. If you are not a believer in Jesus Christ, Scripture commands that you refrain taking Communion. (I Corinthians 11:26-31)

If you would like to know more about what it means to be a Christian, or if you would like to talk with someone or have someone pray for you, please see the pastor after the service and he or one of our church leaders will be glad to speak with you.

Passage of Study

Luke 12:22-34

²² And He said to His disciples, “For this reason I say to you, do not worry about *your* life, *as to* what you will eat; nor for your body, *as to* what you will put on. ²³ For life is more than food, and the body more than clothing. ²⁴ Consider the ravens, for they neither sow nor reap; they have no storeroom nor barn, and *yet* God feeds them; how much more valuable you are than the birds! ²⁵ And which of you by worrying can add a *single* hour to his life’s span? ²⁶ If then you cannot do even a very little thing, why do you worry about other matters? ²⁷ Consider the lilies, how they grow: they neither toil nor spin; but I tell you, not even Solomon in all his glory clothed himself like one of these. ²⁸ But if God so clothes the grass in the field, which is *alive* today and tomorrow is thrown into the furnace, how much more *will He clothe* you? You men of little faith! ²⁹ And do not seek what you will eat and what you will drink, and do not keep worrying. ³⁰ For all these things the nations of the world eagerly seek; but your Father knows that you need these things. ³¹ But seek His kingdom, and these things will be added to you. ³² Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom.

³³ “Sell your possessions and give to charity; make yourselves money belts which do not wear out, an unfailing treasure in heaven, where no thief comes near nor moth destroys. ³⁴ For where your treasure is, there your heart will be also.

Overheard In an Orchard

Said the Robin to the Sparrow, “I should really like to know,
Why these anxious human beings rush about and worry so.”

Said the Sparrow to the Robin, “Friend I think that it must be,
That they have no Heavenly Father such as cares for you and me.”

Elizabeth Chaney 1859

All quotations taken from the New American Standard unless otherwise noted. NASB. Nashville, TN: Thomas Nelson Publishers 1995. A free PDF of this note sheet is available: www.cssbchurch.org/sermons-2. © 2023.