

QUESTIONS FOR ADDITIONAL STUDY

1. Tell your story. Describe what you do for relaxation. How often do you set aside time to relax?

2. Do you think setting aside time each week to relax is important or a waste of time? Why?

3. Read the following passages and note what the Bible says about rest:
 - a) Genesis 2:2-3
 - b) Exodus 33:14
 - c) Psalm 4:8
 - d) Psalm 127:2
 - e) Matthew 11:28-29
 - f) Mark 6:31
 - g) Hebrews 4:9-10

4. What did Jesus mean when He said, “The Son of Man is the Lord of the Sabbath?”

5. What practical application are you going to make from this week’s message? (*Share your decision with another person.*)
 - I am going to set aside at least one hour this week to rest from my work and do something I enjoy.
 - I am going to turn off all my electronic devices for an hour this week to have a quiet time with God.
 - I am going to memorize Psalm 127:2.

Cornerstone Church
Luke 6:1-5

April 23, 2023
Study Series #022

The Lord of the Sabbath

I. Introduction

A. The Importance of Rest

“Most middle-class Americans tend to worship their work, to work at their play, and to play at their worship. As a result, their meanings and values are distorted. Their relationships disintegrate faster than they can keep them in repair, and their lifestyles resemble a cast of characters in search of a plot.”

Gordon Dahl

B. The Significance of the Sabbath

(See Nehemiah 9:13-14; Exodus 20:8-11; Exodus 31:12-17; Deuteronomy 5:12-17; Genesis 2:2-3)

C. The Problem with Legalism

(See Matthew 23:1-4; Luke 11:46)

II. The Lord of the Sabbath

A. The Disciples Eat Grain on the Sabbath

(See Luke 6:1; Matthew 12:1; Mark 2:23; Deuteronomy 19:14; Deuteronomy 23:25)

B. The Pharisees Question Jesus

(See Luke 6:2; Matthew 12:2; Mark 2:24; Exodus 34:21)

C. Jesus Answers the Pharisees

(See Luke 6:3-4; Matthew 12:3-7; Mark 2:25-26; I Samuel 3:9; Ecclesiastes 5:2; Ezra 7:10; I Samuel 21:1-6; Leviticus 24:5-9; Exodus 25:23-30)

D. Jesus is Lord of the Sabbath

(See Luke 6:5; Matthew 12:8; Mark 2:27-28)

III. Conclusion

(See Acts 20:7; Mark 16:9; John 20:1; Ephesians 2:8-10)

If you would like to know more about what it means to be a Christian, or if you would like to talk with someone or have someone pray for you, please see the pastor after the service and he or one of our church leaders will be glad to speak with you.

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Passage of Study

Luke 6:1-5

¹ Now it happened that He was passing through *some* grainfields on a Sabbath; and His disciples were picking the heads of grain, rubbing them in their hands, and eating *the grain*. ² But some of the Pharisees said, “Why do you do what is not lawful on the Sabbath?” ³ And Jesus answering them said, “Have you not even read what David did when he was hungry, he and those who were with him, ⁴ how he entered the house of God, and took and ate the consecrated bread which is not lawful for any to eat except the priests alone, and gave it to his companions?” ⁵ And He was saying to them, “The Son of Man is Lord of the Sabbath.”

Parallel Passage of Study

Matthew 12:1-8

¹ At that time Jesus went through the grainfields on the Sabbath, and His disciples became hungry and began to pick the heads *of grain* and eat. ² But when the Pharisees saw *this*, they said to Him, “Look, Your disciples do what is not lawful to do on a Sabbath.” ³ But He said to them, “Have you not read what David did when he became hungry, he and his companions, ⁴ how he entered the house of God, and they ate the consecrated bread, which was not lawful for him to eat nor for those with him, but for the priests alone? ⁵ Or have you not read in the Law, that on the Sabbath the priests in the temple break the Sabbath and are innocent? ⁶ But I say to you that something greater than the temple is here. ⁷ But if you had known what this means, ‘I desire compassion, and not a sacrifice,’ you would not have condemned the innocent. ⁸ For the Son of Man is Lord of the Sabbath.”

Parallel Passage of Study

Mark 2:23-28

²³ And it happened that He was passing through the grainfields on the Sabbath, and His disciples began to make their way along while picking the heads *of grain*. ²⁴ The Pharisees were saying to Him, “Look, why are they doing what is not lawful on the Sabbath?” ²⁵ And He said to them, “Have you never read what David did when he was in need and he and his companions became hungry; ²⁶ how he entered the house of God in the time of Abiathar *the* high priest, and ate the consecrated bread, which is not lawful for *anyone* to eat except the priests, and he also gave it to those who were with him?” ²⁷ Jesus said to them, “The Sabbath was made for man, and not man for the Sabbath. ²⁸ So the Son of Man is Lord even of the Sabbath.”